

Caribbean flavors have proved almost as world-conquering as reggae

JAMAICAN FOOD AND DRINKS

REGGAE MUSIC & STEEL DRUMMING

Popular music of Jamaican origin that combines native styles with elements of rock and soul music. The steel drum will often be heard in reggae.



The first European to arrive in Jamaica was Christopher Columbus in 1494. In 1510 Spain settled the island. The Spanish were the first to bring sugarcane and slavery to the island. They ruled the land for a century and a half until they were defeated by the English in 1655.

SPORT IN JAMAICA

Since 1948 Jamaicans have won many Olympic gold, silver and bronze medals. Jamaica's track and field athletes are acknowledged to be among the best in the world. In addition, Jamaica has held several world records, and produced world famous cricketers, boxers, footballers, cyclists, weight lifters and wrestlers

